

# Five Ways Forward for Friends

Contact FCNL Quaker Engagement at [fcnl.org/quakers](https://fcnl.org/quakers) or [quakers@fcnl.org](mailto:quakers@fcnl.org) for more information and opportunities to engage.



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## Serve as an FCNL Quaker Contact for your meeting or church

Become a liaison between your meeting and FCNL! Serve as a point of contact for FCNL staff and relay updates and actions to your meeting or church.

[fcnl.org/contacts](https://fcnl.org/contacts)

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## Invite FCNL to lead a workshop for your community

FCNL staff and volunteers travel to Quaker communities in person and virtually leading workshops to provide spiritual and practical support, and encourage Spirit-led witness and advocacy.

[fcnl.org/workshops](https://fcnl.org/workshops)

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## Attend FCNL Events for Friends

### Silent Reflection

Join us in silent reflection every Wednesday at 5:15 P.M. EST to worship with Quakers and friends from FCNL and all over the country.

### Quaker Changemaker Events

Join us for our monthly Changemaker event where we bring Friends witness in the world into conversation with FCNL's Quaker advocacy work.

[fcnl.org/events](https://fcnl.org/events)

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## Join or start a local Advocacy Team

Join more than 1,500 Quakers and friends across the country who use their power as constituents to make change in Washington.

[fcnl.org/advocacyteams](https://fcnl.org/advocacyteams)

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## Volunteer with FCNL as a Friend

Inquire about serving as an FCNL board member, visiting Quaker meetings on behalf of FCNL, or coming to Washington to work with staff on a specific project!

[fcnl.org/volunteer](https://fcnl.org/volunteer)

